



ILLUMINATIONS

RETURNING TO NORMALCY

As clients and staff are being successfully vaccinated, Lighthouse is slowly returning to in-person learning in our new location at 5601 Corporate Way, Suite #210 in West Palm Beach. Appointments and masks are required and you may be asked to verify proof of vaccination. Youth programs are already doing in-person learning and social activities with limited participant numbers.

Adult book clubs and other social events are still meeting virtually and will continue to do so at least through the summer.

If you are ready to start in person services and would like to schedule an appointment with one of our accredited instructors, please call 561-586-5600.

A Story of Hope

The Lighthouse newsletter is launching a new series - "Stories of Hope." The monthly article is submitted by Lighthouse instructors and features a client whose story has inspired them. It is our hope that their story will inspire others to never give up and achieve all that they can.

Our first story features Sue:

Sue was referred to Lighthouse in August of 2020, right in the middle of the pandemic.



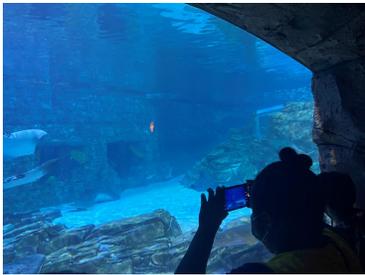
So, of course she had all of her instruction virtually. Sue knew she needed assistive technology instruction, but through the query process all new clients go through - it was discovered she also needed kitchen safety skills training. She knew she left the burners on after cooking and admitted it was a safety issue leaning over the burner to try to turn it

off, so she relied on her husband to handle it. Truth is, she could not see the dials on the back of the stove. Her insightful rehabilitation therapist had her turn her camera phone around and show the therapist the stove. Together they developed a safety plan using clock visualizations for positions of the dial and tactual dots.

Sue had mentioned several times that this lesson was truly astonishing to her because of the safety implications. She was overly confident previously and frustrated when she had left burners heated long after she was done cooking. This therapist also suggested she use the voice command feature on her Echo or iPhone to set a timer as she begins to heat the oven or stove. The timer will alert her that something is heating and needs to be turned off if she has not already done so. She said the timer was the best trick. She later admitted she uses the timer to remind her of many daily tasks, sometimes simultaneously. She is much safer in the kitchen now and is glad she accepted the training to do things slightly different, by using touch to do things she formerly used to be able to see.

Through the quick thinking of Lighthouse staff and honesty from the client, the two developed a safe and successful plan so Sue can continue to cook for her family and not lose her independence.

Youth Programs Enjoy Two Special Events



Spring Break trip to Sea World in Orlando (using phone to magnify the fish)



Youth Spring Celebration at Lighthouse



Egg shaped cookie decorating at the Spring Celebration

A Look Back.....

An ongoing pictorial flashback from 75 years of service.

Technology Devices Through The Years.



1970's

The first CCTV's used to assist the blind and visually impaired to magnify the written word.



1980's

Teachers at the Lighthouse use books on cassette tape for audio learning and leisure activities.



1990's

Client using a device that converts print into vibrations which are felt on the finger tips.

Calendar of Events:

Friday, April 16 12 pm to 1pm - Virtual Book Club

e-mail dsalina@lhpb.org to register. The book is *Bottle of Lies* by Katherine Eban

Thursday, April 22 1:30 to 2:30 - Virtual Book Club

e-mail dsalina@lhpb.org to register. The book is *Walk the Wire* by David Baldacci

EVERY GIFT MAKES A DIFFERENCE

Thanks to your generosity, Lighthouse for the Blind of the Palm Beaches is able to meet the needs of the visually impaired in our community. There are many ways you can give to help us continue our mission. Consider planned giving through estate planning or your will.

You can make a donation of any size online at www.lhpb.org on our [Facebook page](#) or call the office 561-586-5600.

DONATE NOW

